



Single Track Bike Shop Omnium
Presented By
Team One Racing – Elite Masters
USA CYCLING PERMIT # 10 - 1279
June 12 & 13 2010 Flagstaff, AZ

RACE LOGISTICS



Masters Elite Bicycle Racing

Timeline

Registration **on-line only** – no day of or at packet pick-up Friday

6/5 Noon (EST) end registration  no late fee

6/10 Noon (EST) end registration – with \$15 late fee

6/11 Friday Packet Pick-up 5 – 7 pm at
Single Track Bike Shop
575 West Riordan Road Flagstaff, AZ 86001-6343 (928) 773-1862

6/12 Saturday 5:30 am Snowbowl Hill Climb - Racing Starts 7am, Awards 9am
10 am Foxboro Circuit Race – Racing Starts Noon, Awards 7pm

6/13 Sunday 6:00am Wupatki/Sunset Crater Road Race -
Racings Starts 8am, Awards 11am

Host Accommodations –

Snowbowl Ski Lift Lodge near start of Saturday HC
www.arizonasnowbowl.com

Camping

National Forest Primitive camping, starting 1 mile up Snowbowl Road - 1st rt turn
Wupatki/Susnet Crater National Monument – USDA Bonito Campground –
Near Sunday Start line

Support crew and family Flagstaff activities:

Grand Canyon National Park - 70 miles North on Highway 180

Museum of Northern Arizona - North on Highway 180

Snowbowl Ski area chair lift - 7 miles up Snow Bowl Road which is 7 mile North on
Highway 180

Sunset Creator/Wupatki/Walnut Canyon National Monuments –check websites

Down Town Music on the Square <http://www.squidoo.com/heritage-square-flagstaff>

BRING YOUR TRAINER to WARM-UP - road access is very limited at all three venues

Saturday Snowbowl Road Hill Climb 6/12

Directions - 7 miles northwest of Flagstaff on Highway 180 – Humphrey Street becomes Highway 180 – Plan 20 minutes from Rt 66 and Humphrey St
Right turn on Snowbowl Road and immediate left into first paved parking lot

5:30 am Packet-Pick-up and Sign-in

6:50 am All racers to the line for instructions as per USDA Forest Service Permit

7:00 Men PRO 1,2,3

7:02 Women PRO 1,2,3

7:04 Men Cat 4/5

7:06 Men Masters 40+, 45+, 50+, 55+, 60+

7:08 Women Cat 4 & Women Masters 40+, 45+, 50+, 55+, 60+

7:10 All Juniors

Timed event - used as Omnium tie-breaker –Omnium Pts will apply

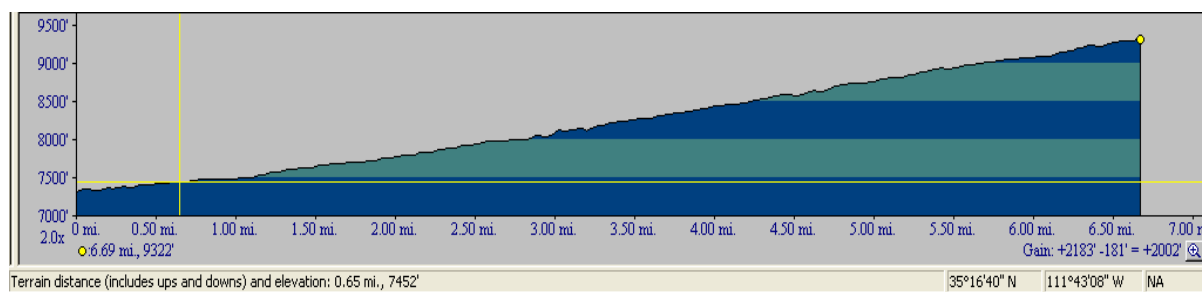
Categories will be scored separately – except Men PRO 1,2,3 and Women PRO 1,2,3

50 field limit with further splits depending on registration numbers – at discretion of Chief Referee and Race Director

Course – gains 2,000 ft in 6.54 miles - good pavement

YELLOW LINE RULE IS IN EFFECT - ROAD IS OPEN TO TRAFFIC

After crossing finish line - please go to parking lot on left to cool down and immediately descend. Please **STAY to the Right** Race up - not down TT bikes not recommend



Awards

9AM at start area

New Snowbowl Hill Climb Record

\$100 male < 27:43 & \$100 female < 35:32 (sign to sign)

Permit Requirements

Please No Warming-up on Snowbowl Road or AZ Highway 180 - Bring you trainer

Please No littering – not even gel packets!

We will transport jackets, recovery food/drink to finish area for the decent.

Foxboro Ranch Circuit Race 6/12

Directions - 27 miles south of Snowbowl Rd on I -17– Fox Ranch Exit

Plan 40 minutes from Snowbowl Road – Gate opens at 10am – no earlier -Thanks

Right turn on Fox Ranch Road and veer left across cattle guard

NO PARKING before the cattle guard - three parking areas – see map and directions



Parking - very restricted – please car-pool when possible

EZ-ups off pavement only- please -or at Foxboro Club House – near start/finish

A) Club House – Yellow Building across from Lot #3

NO EXITING this lot until after Awards 7pm

B) Parking On north side of road entrance road after cattle guard – best for early exiting

C) Cul-De Sacs at Lot 49 and 51 – can exit only during race breaks, about every hour

NO CYCLING CLEATS in the beautiful Foxboro Club House or on the porch

Violators will hung by the Foxboro Marshall at high noon Sunday!

Course – Very fast course! 1.8 mile flat closed course – good pavement – with two wooden covered bridges!! – could be breezy in June.

Racing counter clockwise Start/Finish across from lot #3 – Foxboro Club House parking

WHEEL PIT – Near start/finish line

Wheels in – wheels out – No changes within final two laps. Flats/mechanicals, with Chief Referees approval, racers will be able to race Wupatki on Sunday in the last two laps and gain finish Omnium Pts.

RACING STARTS at Noon –

10 minutes prior to start - Motorcycle escorted - One lap warm-up – course inspection – allows time for vehicles to exit from parking areas via south/east end of race course

Be sure to sign-in 15 minutes prior to start of race

NOON All Juniors – 8 miles (5 laps)

1 PM – 16 miles - Men Masters 40+, 45+, 50+, 55+, 60+ (10 Laps)

2 PM – 16 miles Women PRO 1,2,3 (10 Laps)

3 PM – 16 miles Women Cat 4 & Women Masters 40+, 45+, 50+, 55+, 60+ (10 Laps)

4 PM - 16 miles Men Cat 4/5 (10 laps)

5 PM - 26 miles Men PRO 1,2,3 (15 laps)

AWARDS – 7pm Porch of Foxboro Ranch Estates Club House

Food Provided by -TBA

Permit Requirements - Please No littering

Park only in designated areas not on I-17 access roads – sure way to lose our permit

Please No Warming-up Foxoboro Roads or I-17 Access ramp - Bring you trainer

Teams can set-up on the driveway by the Foxboro Club House or better yet on the spacious porch and be able to watch the racing while spinning!

Please bring mats/rugs to place under the trainer

Please remove your cleats on the deck or inside –

Please No littering

Please watch your children - 7 acres of lakes - Please watch your children

This an awesome venue to race - help us get invited back!

Sunday Wupatki/Sunset Crater Road Race 6/13

Directions - From Flagstaff, take Highway 89 north 12 miles to the first Sunset Crater / Wupatki entrance, turn right and park along the first service road on the left (FR 454). Very important to keep this road open, please park on the designated side, pulling in head first. The road is dirt and you can drive to the start and drop off your days gear and trainer to warm up there. Start/Finish is just a couple 100 meters into the park at the first pull out. Allow 30 minutes drive time.

Racing Starts at 8 am Be sure to sign-in 15 minutes prior to start of race

6:00 am Sign-in will be open

7:50 am All racers to the line for instructions- **as per US DOI NPS Permit**

8:00 Men PRO 1,2,3 (72 Miles)

8:02 Women PRO 1,2,3 (48 Miles)

8:04 Men Cat 4/5 (48 Miles)

8:06 Men Masters 40+, 45+, 50+, 55+, 60+ (48 Miles)

8:08 Women Cat 4 & Women Masters 40+, 45+, 50+, 55+, 60+ (48 Miles)

8:10 All Juniors (24 Miles)

Mileages stated above are approximate; US DOI NPS Permit will stipulate exact location and turn around points will be well marked for all 3 distances.

Course – Start/finish elevation is at 7000 feet; turnaround for both courses is 4800 feet. Juniors drop about 1200ft before turning around.

Men PRO 1,2,3 (72 Miles) go to north entrance to turn around

All other Categories (48 miles) go past the Wupatki Visitors Center about 2 miles, then turn around after a couple of rollers.

Neutral Feed is about 0.5 miles past the Wupatki Visitors Center – you will see on it on your way down.

Juniors will turn around just past The Painted Desert Overlook (24 miles)

A beautiful and challenging course with very little traffic on good pavement

YELLOW LINE RULE IS IN EFFECT - ROAD IS OPEN TO TRAFFIC

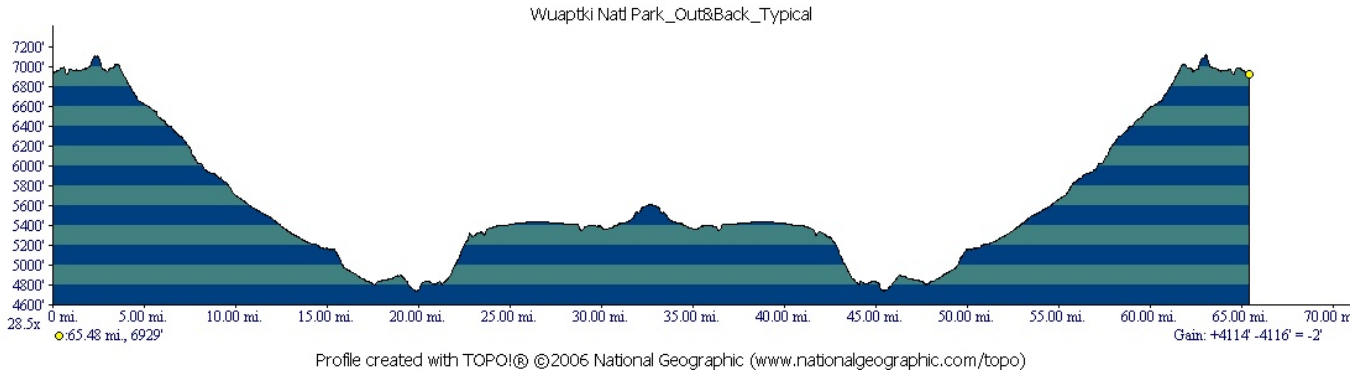
Neutral start (15 mph) for first 2 miles - all categories - until you get past the rangers booth and the Sunset Crater Volcano Visitors Center

Neutral feed on return - your team will need a pass STO/T1R or will have to pay to enter park

DO NOT THROW bottles outside of feed zone **as per US DOI NPS Permit**

Volunteers will be there to pass out bottles to unsupported riders.

No feed for juniors.



Awards and Omnium Points

Omnium (must complete all 3 events)

Cash PRO Men 1/2 CAT 3 - 1st \$150, \$100 2nd \$50 3rd places

Cash PRO Women 1/2 CAT 3 - 1st \$150, \$100 2nd \$50 3rd places

All others - Awards-1st 2nd 3rd places

Single Race: SnowBowl HC, Foxboro CR, Wupatki RR

Awards - 1st 2nd 3rd places all categories at each event - Juniors/2y age groups (12 – 17)

Pay N Take New Snowbowl Hill Climb Record

\$100 male < 27:43 & \$100 female < 35:32 (sign to sign)

Pay N Take Team Category -

\$100 male & female team with the Highest Omnium Point Total

(3 rider minimum and all team members must complete each event for their pts. to count)

Omnium Points

15 Points for Finishing: Snowbowl HC, Foxboro CR & Wupatki RR

| | |
|---------------|---------------|
| 1st Place 30 | 11th Place 10 |
| 2nd Place 27 | 12th Place 9 |
| 3rd Place 24 | 13th Place 8 |
| 4th Place 22 | 14th Place 7 |
| 5th Place 20 | 15th Place 6 |
| 6th Place 18 | 16th Place 5 |
| 7th Place 16 | 17th Place 4 |
| 8th Place 14 | 18th Place 3 |
| 9th Place 12 | 19th Place 2 |
| 10th Place 11 | 20th Place+ 1 |

Final STO Omnium point ties will be broke by the racer with the faster Snowbowl HC

ENJOY your weekend of racing – be safe – stay the week in Flag training and try racing 104 miles at 7k ft elevation on your MTB – Red Rocks Barn Burner – 6/20